

# 2019-2020 Cheerleading Tryout Packet



9th grade, JV, and Varsity Cheer Tryouts:

The following dates are mandatory:

**Clinic:** **Monday, April 15**, 6:00-7:30 p.m. meet at Common's Area (High School). **Have all paperwork with you at check in (especially your physical)!**

**Clinic:** **Tuesday, April 16**, 3:45-5:15 p.m. meet at HS Multipurpose Gym

**Clinic:** **Thursday, April 18**, 6:00-8:00 p.m. at MP Gym

**Clinic:** **Tuesday, April 23rd** **9th GRADE ONLY** from 4:00-5:30

**Clinic:** **Wednesday, April 24th** **10-12th grades** from 4:00-5:30

**Tryout Days:** **Thursday, April 25th for 9th grade. Friday, April 26 for 10th-12th grade.** Both will be at MP high school gym: 3:45pm-?

\*Tryouts will be closed; no spectators will be allowed. If you have a conflict with any of the above dates, please contact Jana Scott ASAP at [jscott@jr2mail.org](mailto:jscott@jr2mail.org).

\*\* If you are involved in a Spring Sport and have to miss, an alternative schedule to learn the material will be given to you.

\*\*\*There will be an "open gym" from 6:00-7:00 p.m. on Wednesday, April 17 for girls to work with others on the material learned if they want to go over things they are having trouble with. This date is not mandatory. A coach will be there for supervision only. This will be at the multipurpose (MP) high school gym.

**Mandatory Uniform fitting for those who make a squad:**

Varsity cheerleaders= Monday, May 13 at 4:00pm at East Elementary

9th grade and JV cheerleaders= Wednesday, May 15 at 5:30pm at East Elementary

**Mandatory Parent Meeting= Monday, May 20 at 6:00pm at East Elementary**

Dear Potential JHS Cheerleader:

Welcome to the 2019-2020 cheerleading tryouts! We are so excited for next year, and can't wait to see all of the amazing talent you possess!

Please read and understand all the enclosed information before tryouts.

Your tryout will be based on scores in a wide variety of areas including, but not limited to, tumbling, jumps, cheer/chant, stunting, and teacher evaluations.

If you have any questions, please contact Jana Scott at 243-5271 or 979-0197.

We look forward to seeing you!

**Please Read the following information carefully:**

**Eligibility Requirements:**

- 3.0 Credits-(not the same as GPA) will need to see report card from most recent completed semester
- **Current Physical Form** (MSHSAA form attached)
- Completed Teacher Recommendation forms from all teachers (need to have at least 80% of the total points possible)
- Permission form (attached)
- Proof of Insurance
- Tryout application filled out

Teacher recommendations for tryouts must be received by **April 23** to Jana Scott and **physicals must be turned in the first day of tryouts**. **If you have a physical on file from this school year, it will work for tryouts but will need one before summer practices begin. If ANY of these forms, grades, or attendance does not meet the requirements, you will not be allowed to try out.**

**Selection of cheerleaders:**

As does every sport or extracurricular activity here at Jackson, the coaches will be making the selection.

**What to wear for clinic days and try outs:**

Plain white tank top, plain black shorts, tennis shoes and no show white socks. Nothing with Jackson Indians on it AT ALL! Hair needs to be worn in a high, tight ponytail. **No hair/wispys on face.** If wearing a bow- needs to be plain (red, black, or white). Also, you are not allowed to wear any jewelry and **piercings must be removed!**

**Teacher Recommendations:** Attached you will find teacher recommendation forms for all your teachers. Please hand these out as soon as possible to your teachers so they will have time to

complete and return to Jana Scott before the deadline. You are not to see any of the recommendation forms after they have been filled out. Your recommendations will be factored in to your final evaluation of tryouts. Please have your name on each form before you give it to your teachers.

**What will be expected of you if you make the team: (This is all MANDATORY)**

- Adhere to Jackson High School Role model- moral code.
- **Summer camps – 9th grade= July 25-26. JV cheer= June 8, 9, 10. Varsity cheer= TBD. Competition squad choreography dates: July 22 and 23. Please try to schedule your family vacation around this! Dead period begins August 3-August 11. Fall practices begin Monday, August 12 for all teams.**
- ALL practices, games, fundraisers and any other cheerleading function.
- Attend all scheduled football and basketball games. Football season ends late October/early November. Basketball season usually ends in early March.

9th grade cheer team will cheer home 9th grade football games; 9th grade home boys basketball games (maybe some away games/tournaments); JV girls home basketball games (includes Notre Dame Thanksgiving tournament).

JV cheer team will cheer home JV football games; JV boys home basketball games (includes ND Thanksgiving tournament); Varsity Girls home basketball games (includes tournament before Christmas at SEMO).

Varsity cheer team will cheer at home and away V football games; home and away V boys basketball games (\*SEMO Christmas tournament is mandatory).

**Price outline: The total price for each cheerleader will be between 500.00 and 600.00. We are working on lower prices so this could vary. If you are a returning cheerleader, your cost will be significantly lower.**

Items to be purchased this year/pay for

- Camp conducted by Athletes Plus for 9th and JV; TBA for V
- \*\*Warm-up
- \*\*Bows
- \*\*Black body crop and special body crop for gray uniform
- \*\* Cold weather gear
- \*\*Poms
- \*\*Boy cut briefs (2 pairs for V – one black, one polka dotted)
- \*\*Tennis shoes
- \*\*Game day shirts
- \*\*Optional backpack
- Miscellaneous items

\*\*Everything that is purchased by the cheerleader gets to be kept. Items can be paid for in installments (please arrange with coach). Payments of items will be discussed at parent meeting.

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# JHS CHEERLEADER TRYOUT APPLICATION

**\*\*This tryout application must be signed and returned with the tryout packet\*\***

## Personal Information (please print clearly)

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Email address:

\_\_\_\_\_

Grade Level for 2019-2020: \_\_\_\_\_

Student Phone Numbers (Home/ Cell):

\_\_\_\_\_

Parent/Guardian Name(s):

\_\_\_\_\_

Parent Phone Numbers (Home/ Cell):

\_\_\_\_\_

Emergency Contact Name and phone number (relationship to you):

\_\_\_\_\_

## Medical Information:

1. Are you allergic to any medications? \_\_\_\_\_

If yes please list: \_\_\_\_\_

2. Are you currently taking any medications? \_\_\_\_\_ If yes please list:

\_\_\_\_\_

\_\_\_\_\_

3. Are you currently being treated for any injuries? \_\_\_\_\_ If yes please list

list \_\_\_\_\_

\_\_\_\_\_

I have read and understand the preceding JHS Cheerleader Rules. By signing this contract, I agree to abide by the rules and safety standards of MSHSAA, the policies and expectations of JHS, and the coaches' decisions for the good of the program. If I choose not to follow these guidelines, I understand there will be consequences for my actions.

Cheerleader's Printed Name/ Date

Cheerleader's Signature and Date

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**Parent Section:**

I have read the JHS information packet, and I agree to allow my child to participate in the JHS Cheerleading Tryouts/Program, and to be governed by the policies outlined in the JHS Cheerleader Contract if she were to be chosen.

Parent/Guardian's Printed Name/Date

Parent/Guardian's Signature and Date

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## Checklist for Tryouts:

Name: \_\_\_\_\_

- Teacher Recommendations- These are for the candidate to pass to all teachers they meet with throughout the school day. You may want to check to make sure your teachers have completed the form. Teacher will send to Jana Scott through interoffice mail to East Elementary. **NO CANDIDATE IS ALLOWED TO SEE THE FORMS ONCE THEY ARE FILLED OUT! They should NOT be turned in by the candidate at all!** These are **due by April 23rd**, 2019. (If you are trying out for dance your cheer recommendation forms will work). Please give to your teachers as soon as possible!
- MSHSAA physical- use the form attached
- Copy of report card- Last semester 3.0 credits
- Tryout application/tryout packet read/signatures
- Proof of insurance
- Summer calendar (you will need to provide)



# JHS Cheer Candidate

## Teacher Evaluation

Candidate Name: \_\_\_\_\_

Teacher Name: \_\_\_\_\_

Course/Subject: \_\_\_\_\_

Also trying out for Spear-It Dancers: (please circle)    yes    or    no

Date received: \_\_\_\_\_                      Grade in class: \_\_\_\_\_

Please rate the cheer candidate on the following:

- |                       |      |      |      |           |
|-----------------------|------|------|------|-----------|
| • Behavior in class   | poor | fair | good | excellent |
| • Attitude in class   | poor | fair | good | excellent |
| • Treats others       | poor | fair | good | excellent |
| • Would represent JHS | poor | fair | good | excellent |

Comments (use back if necessary):

Signature: \_\_\_\_\_

***Please return to Jana Scott at East Elementary by April 23rd. Thanks!***