

# Jackson Summer Youth Volleyball Camps

All Camps will be at the High School Event Center. All camps will be run by the High School VB Staff and players. Grades are based on the grade the camper is GOING INTO.

**Camp # 1**  
Setter Training Camp  
**6<sup>th</sup> - 8<sup>th</sup> Grade Girls**  
May 29<sup>th</sup> – 30<sup>th</sup> (12:30 – 1:45)  
\$20

**Camp # 2**  
Hitting / Blocking Camp  
**6<sup>th</sup> - 8<sup>th</sup> Grade Girls**  
May 29<sup>th</sup> – 30<sup>th</sup> (2:00 – 3:15)  
\$20

**Camp # 3**  
Defense / Passing Camp  
**6<sup>th</sup> - 8<sup>th</sup> Grade Girls**  
May 31<sup>st</sup> – June 1<sup>st</sup> (12:30-1:45)  
\$20

**Camp # 4**  
Serving Camp  
**6<sup>th</sup> - 8<sup>th</sup> Grade Girls**  
May 31<sup>st</sup> – June 1<sup>st</sup> (2:00 – 3:15)  
\$20

**Camp # 5**  
Rotations / Scrimmage  
**6<sup>th</sup> - 7<sup>th</sup> Grade Girls**  
June 6<sup>th</sup> – 7<sup>th</sup> (12:30 – 1:45)  
\$20

**Camp # 6**  
Transitioning / Game Play  
**6<sup>th</sup> - 8<sup>th</sup> Grade Girls**  
June 6<sup>th</sup> – 7<sup>th</sup> (2:00 – 3:15)  
\$20

**Camp # 7**  
Little Diggers Camp  
**3<sup>rd</sup> & 4<sup>th</sup> Grade Girls**  
June 11<sup>th</sup> – 14<sup>th</sup> (3:00 – 4:30)  
\$50

**Camp # 8**  
Fun & Volley Camp  
**1<sup>st</sup> & 2<sup>nd</sup> Grade Boys & Girls**  
July 23<sup>rd</sup> – 26<sup>th</sup> (8:30-9:30am)  
\$30

**Camp # 9**  
Skills Camp # 1  
**5<sup>th</sup> & 6<sup>th</sup> Grade Girls**  
July 23<sup>rd</sup> – 26<sup>th</sup> (10 – 11:30am)  
\$50

**Camp # 10**  
Skills Camp # 2  
**7<sup>th</sup> & 8<sup>th</sup> Grade Girls**  
July 23<sup>rd</sup> – 26<sup>th</sup> (Noon – 1:30)  
\$50



**Camp # 11**  
Skills Camp # 3  
**6<sup>th</sup> – 8<sup>th</sup> Grade BOYS**  
July 23<sup>rd</sup> – 26<sup>th</sup> (1:45 – 3:15)  
\$50

Sign up for REMIND Messages: Text this number – 81010: Text this message - @youthvb2

If you have questions you can contact me thru the Remind Messages. Thanks

## **Camp Description**

**Camp # 1 (Setter Training)** - This camp will teach the fundamentals of Setting. We will work on footwork, hands, moving, and everything it takes to be a great setter.

**Camp # 2 (Hitting / Blocking)** - This camp will teach the fundamentals of Hitting & Blocking. We will work on footwork, transitioning, arm swing, and everything it takes to be a great Hitter/Blocker.

**Camp # 3 (Defense / Passing)** - This camp will teach the fundamentals of Defense & Passing. We will work on footwork, positioning, moving, and everything it takes to be a great Defender / Passer.

**Camp # 4 (Serving)** - This camp will teach the fundamentals of Serving. We will teach various types of serves and how to use the serving game to make us a better team.

**Camp # 5 (Rotations / Scrimmage)** - This will be a perfect camp for teaching the basics of the rotations. We will discuss and use game play to teach switching, opposites, and positions.

**Camp # 6 (Transitions / Game Play)** - This camp will teach moving, anticipating, and always being ready. We will use drills and game play to teach these important aspects of the game.

**Camp # 7 (Little Diggers)** - This camp will teach the fundamentals of Volleyball. Skills such as passing, setting, serving, and spiking will be the focus. We will also teach transition / game play.

**Camp # 8 (Fun & Volley)** - This camp will involve many fun activities such as volleyball fundamentals, exercise, and balloons. This will be a great way to get some exercise and have fun also.

**Camp # 9 & 10 (Skills Camp)** - This camp will teach the fundamentals of Volleyball. Skills such as passing, setting, serving, & spiking will be the focus. We will also incorporate transition/game play.

**Camp # 11 (Boys Camp)** – With hopes of having a HS Boys team in the near future, this camp will teach the fundamentals necessary to be successful if that day comes.

**Cut along this line and Mail form and check to Dave Mirly, 190 Cheyenne Ridge, Jackson MO 63755**

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Name of Camper \_\_\_\_\_ Grade going into \_\_\_\_\_

Contact Name \_\_\_\_\_ Contact Number \_\_\_\_\_

**Circle the Camp(s) you are Attending:** Camp 1 / Camp 2 / Camp 3 / Camp 4 / Camp 5 / Camp 6 /  
Camp 7 / Camp 8 / Camp 9 / Camp 10 / Camp 11

**Circle Shirt Size:** Youth Small / Youth Med / Youth Large / Small / Medium / Large / XL / XXL

*Each camper receives a shirt for the first camp they sign up for.*

***Camper Discount for 6<sup>th</sup> – 8<sup>th</sup> graders;  
Pay \$120 and that gets you in every camp in your age group.***

*This form must be mailed at least a week before the camp. Add \$10 per camper for late enrollment. Signing up the day of the camp is fine.  
Show up 10 minutes early and pay extra \$10.*

Mail form and check to

Dave Mirly  
190 Cheyenne Ridge  
Jackson, MO 63755

Make Check out to "Dave Mirly"