

Jackson R-2 Junior and Senior High Breakfast

Start Savory

Monday

Breakfast Pizza

Savory turkey sausage, marinara, and creamy mozzarella cheese baked to perfection on a fiber-filled whole grain crust.

Tuesday

Bagel Breakfast Sandwich

Toasted white whole grain bagel stacked high with egg, sausage and melted cheese.
*available without sausage

Wednesday

French Toast Sticks

Three thick strips of egg-battered Texas toast baked just until the perfect crunch! Served with sweet maple syrup.

Thursday

Indian Feast

Warm whole grain biscuits topped with home-style white gravy, complete with a side of scrambled eggs.

Friday

Cinnamon Roll & Sausage

Always freshly baked cinnamon rolls lightly glazed with homemade icing. Served with a savory sausage patty.

Entrée + Fruit/Juice + Milk = \$1.85

Start Simple

Pick One:

- ✓ Kellogg's® Pop Tarts
- ✓ Chocolate Chip Snack n' Waffle
- ✓ Smuckers Uncrustable®

One Item + Fruit/Juice + Milk = \$1.85

Food and Nutrition Services

1352 Orchard Drive

Jackson, Mo 63755

Liz Aufdenberg

Food Service Director

Gloria Stoverink, RDN, LD

Nutrition Coordinator

Start Stacking

Pick Two:

- ✓ 4oz. Yogurt
- ✓ Co-Jack Cheese
- ✓ Cottage Cheese
- ✓ Sara Lee® Muffin
- ✓ General Mills® Cereal/ Bars
- ✓ Fruit Smoothie (Wed & Fri)
- ✓ Granola Bar

Two Items + Fruit/Juice + Milk = \$1.85