

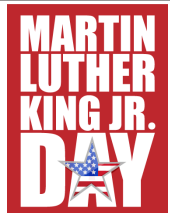
JACKSON R-2 ELEMENTARY BREAKFAST

Food and Nutrition Services
(573) 243-9597
Liz Aufdenberg
Food Service Director
Gloria Stoverink, RD, LD
Nutrition Coordinator

Cost: \$1.60 Full, \$.30 reduced, or Free (if qualify)

January 2019



Mon	Tue	Wed	Thu	Fri
 <p>Winter Break Happy New Year</p>				
7 Sara Lee Blueberry/ Double Chocolate Muffin	8 Breakfast Croissant Sandwich	9 Pillsbury Mini Blueberry Waffles	10 Brown Sugar Oatmeal w/ Sausage Link	11 Freshly Baked Cinnamon Roll
14 Sausage & Cheese Breakfast Pizza	15 Pillsbury Grape Uncrustable	16 Cheese Omelet & Iced Cinnamon Stick	17 Home-Style Biscuits & Gravy	18 Warm Glazed Donut
21 	22 Breakfast Biscuit Sandwich	23 Pillsbury Mini Blueberry Waffles	24 Brown Sugar Oatmeal w/ Sausage Link	25 Freshly Baked Cinnamon Roll
28 Sausage & Cheese Breakfast Pizza	29 Pillsbury Grape Uncrustable	30 Cheese Omelet & Iced Cinnamon Stick	31 Home-Style Biscuits & Gravy	1 Warm Glazed Donut

Daily Entree



- Cinnamon Toast Crunch Yogurt or Cheese
- Trix
- Cocoa Puffs
- Honey Nut Cheerios
- Lucky Charms

Daily Sides



- Chocolate Milk (Skim)
- Strawberry Milk (Skim)
- 1% White Milk
- Skim White Milk

All tray's must include at least 3 items and 1 must be a Fruit/Fruit Juice.

