

Early Childhood Lunch

JACKSON R-2 SCHOOLS

**Let Nutrition
Fuel your
Success!**

January 2019



Food and Nutrition
Services
(573) 243-9597

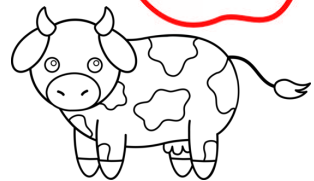
Liz Aufdenberg
Food Service Director
Gloria Stoverink, RD, LD
Nutrition Coordinator

Cost: \$2.60 Full, \$.40 reduced, or
Free (if qualify)

Offered Daily



Seasonal
fresh, dried,
& canned



1% White Milk

All tray's must
include 5
components.



JacksonR2Foodservice

Mon	Tue	Wed	Thu	Fri
Exercise 30 min/day New Years Resolutions for 2019 Watch Less TV ★ Make Your Bed Daily ★ Quit Soda ★ Read More Books ★ Meet New People ★ Volunteer ★ Walk 1,000 More Steps/day ★ Learn To Cook ★				
7 Pepperoni Calzone <i>Steamed Broccoli</i>	8 Corn Dog <i>California Vegetables</i> <i>Cinnamon Apples</i>	9 Spaghetti & Meat Sauce w/ Texas Toast <i>Sweet Green Peas</i>	10 Chicken Nuggets <i>Baked Beans</i> <i>Biscuit</i>	11 Fish Sticks <i>Sweet Corn</i>
14 French Toast Sausage Link <i>Potato Smiles</i>	15 Bean & Cheese Burrito <i>Cheesy Refried Beans</i>	16 Hot Dog <i>Green Peas</i>	17 Western Steak <i>Hot Roll</i> <i>Seasoned Green Beans</i>	18 Cheese Pizza <i>Orange Glazed Carrots</i>
21 MARTIN LUTHER KING JR. DAY	22 Cheese Nachos <i>Com</i> <i>Chocolate Chip Cookie</i>	23 Chicken Nuggets <i>Caesar Salad</i>	24 Pepperoni Calzone <i>Seasoned Green Beans</i> <i>Hot Roll</i>	25 Pepperoni Pizza <i>French Fries</i>
28 Cheeseburger <i>Potato Smiles</i>	29 Pig in a Blanket <i>Texas Caviar + Chips</i>	30 Ravioli w/ Breadstick <i>Steamed Broccoli</i>	31 Chicken Pattie w/ Gravy <i>Hot Roll</i> <i>Seasoned Green Beans</i>	1 Milk Mustache Dash  SAVE THE DATE April 13, 2019

This institution is an equal opportunity provider.